

Pentecost +2

June 2, 2024 + 4pm

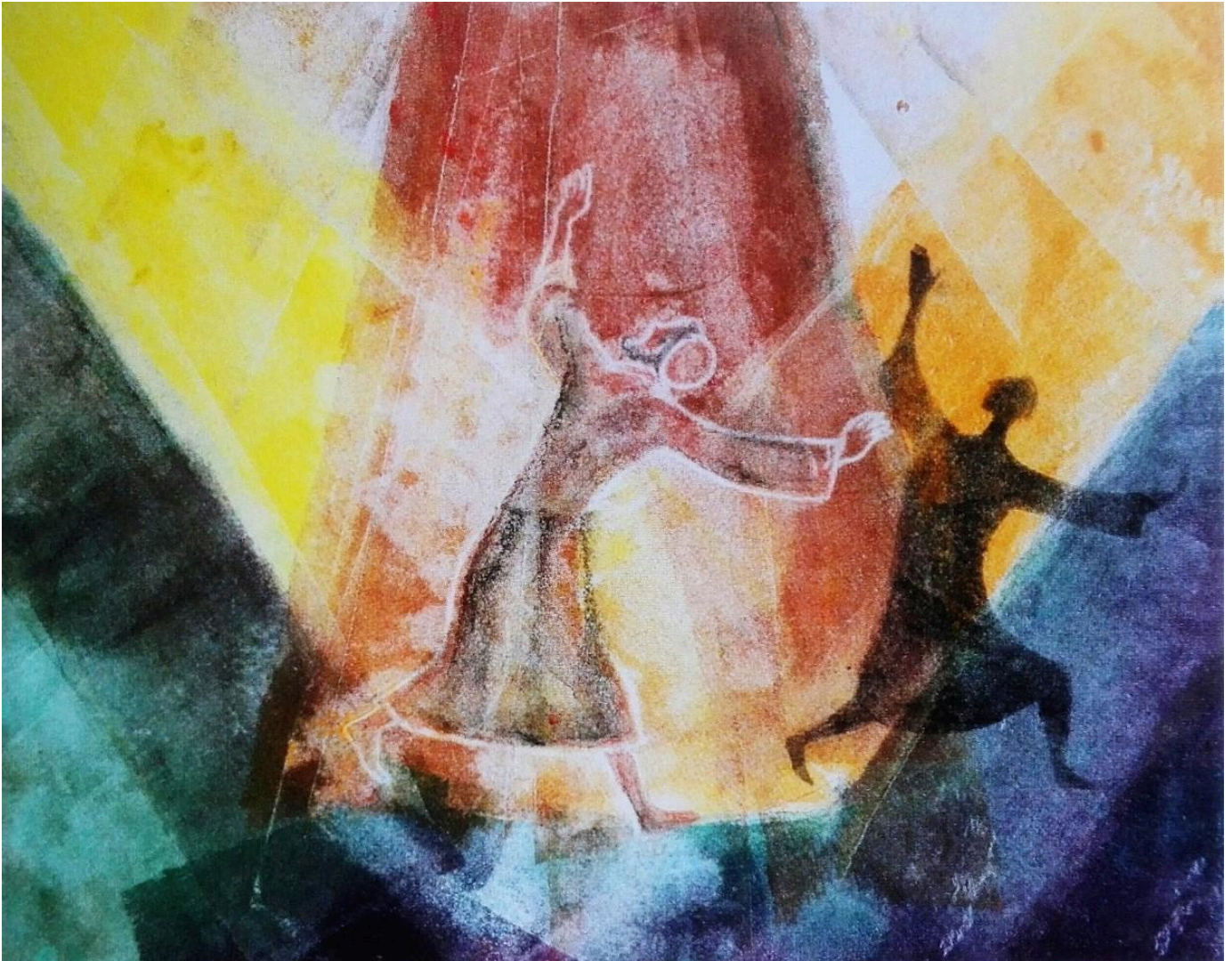


Image: Lika Tov, "Psalm 139", 2008, water colour on paper.



Welcome to the AbbeyChurch

***No matter who you are or what you are carrying today,
know you are beloved and so very welcome here.***

At the AbbeyChurch, we tell stories of faith, encourage hope, share meals, care for each other and for God's creation, and strive to practise the teachings of Jesus.

We're at different places in our faith journey but we share a guiding sacred story as found in scripture (The Bible) and summarised in our Christian creeds.

We share a willingness to honestly wrestle with God—with our questions and doubts, our disillusionment with our institutions and our concern for our world.

We invite diversity in our community and our leadership; old, young, rich, poor, conservative, liberal, radical, single, married, LGBTQ2IA+, straight, evangelical, progressive, overeducated, undereducated, overhoused, underhoused, certain, doubting, hurting, thriving (to name a few).

As a witness to unity in diversity, the AbbeyChurch is an affirming shared ministry of The United Church of Canada and The Anglican Church of Canada.

We draw on those spiritual traditions, as well as others across the Christian spectrum. We're also connected to Emmaus, an intentional community that makes commitments to one another for prayer, presence and simplicity.

We believe that Christ's love and grace binds our differences together and renews our hope as we gather each week at Jesus' table of radical welcome.



admin@abbeychurch.ca + www.abbeychurch.ca
778.557.4166 We would love to connect.

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We Gather

The Abbey Church acknowledges that we worship and pray on the stolen territory of the, the Lək'wəḡən peoples', the Songhees and Esquimalt Nations, and strive to journey toward reparation, right relationship and reconciliation with justice.

Opening Loop

Tolling of the Bells

Land Acknowledgement and Announcements

Bell x 3

Gathering Words

The ineffable, unending grace of Jesus Christ,
the love supreme of God the Source
and the mystic sweet communion of the Holy Spirit be with you all!

And also with you!

During this gathering song, folks of all ages (including children and youth!) are welcome to set the orange table with icons and symbols of faith and hope found on the back table!

Gathering Song: Gather Us In

Here in this place, new light is streaming,
now is the darkness vanished away.
See, in this space, our fears and our
dreamings, brought here to you in the light of
this day. Gather us in - the lost and forsaken,
gather us in - the blind and the lame.
Call to us now, and we shall awaken,
we shall arise at the sound of our name.

We are the young - our lives are a mystery, we
are the old - who yearn for your face.
We have been sung throughout all of history,
called to be light to the whole human race.
Gather us in - the rich and the haughty,
gather us in - the proud and the strong.
Give us a heart so meek and so lowly, give us
the courage to enter the song.

Here we will take the wine and the water,
here we will take the bread of new birth.
Here you shall call your sons and your
daughters, call us anew be salt for the earth.
Give us to drink the wine of compassion,
give us to eat the bread that is you.
Nourish us well, and teach us to fashion
lives that are holy and hearts that are true.

Not in the dark of buildings confining,
not in some heaven, light years away,
but here in this place, the new light is shining;
now is the Kingdom, now is the day.
Gather us in - and hold us forever,
gather us in - and make us your own.
Gather us in - all peoples together,
fire of love in our flesh and our bone.
Marty Haugen, 1979 GIA / OneLicense

Poem: selected by Rebecca Yeo - poet-in-residence

We Proclaim

The Hebrew Scripture

A reading from the first book of Samuel (3:1-10, 15-19)

Now the boy Samuel was ministering to the Lord under Eli. The word of the Lord was rare in those days; visions were not widespread. At that time Eli, whose eyesight had begun to grow dim so that he could not see, was lying down in his room; the lamp of God had not yet gone out, and Samuel was lying down in the temple of the Lord, where the ark of God was. Then the Lord called, "Samuel! Samuel!" and he said, "Here

I am!" and ran to Eli, and said, "Here I am, for you called me." But he said, "I did not call; lie down again." So he went and lay down. The Lord called again, "Samuel!" Samuel got up and went to Eli, and said, "Here I am, for you called me." But he said, "I did not call, my son; lie down again." Now Samuel did not yet know the Lord, and the word of the Lord had not yet been revealed to him. The Lord called Samuel again, a third time. And he got up and went to Eli, and said, "Here I am, for you called me." Then Eli perceived that the Lord was calling the boy. Therefore Eli said to Samuel, "Go, lie down; and if he calls you, you shall say, 'Speak, Lord, for your servant is listening.'" So Samuel went and lay down in his place. Now the Lord came and stood there, calling as before, "Samuel! Samuel!" And Samuel said, "Speak, for your servant is listening." Samuel lay there until morning; then he opened the doors of the house of the Lord. Samuel was afraid to tell the vision to Eli. But Eli called Samuel and said, "Samuel, my son." He said, "Here I am." Eli said, "What was it that he told you? Do not hide it from me. May God do so to you and more also, if you hide anything from me of all that he told you." So Samuel told him everything and hid nothing from him. Then he said, "It is the Lord; let him do what seems good to him." The word of the Lord. **Thanks be to God.**

The Psalm - Psalm 139 - we chant together

- ¹ Lord, you have ¹searched me out *
and known me.
- ² You know my sitting down and my ¹rising up; *
you discern my thoughts ¹from afar.
- ³ You trace my journeys and my ¹resting-places *
and are acquainted with ¹all my ways.
- ⁴ Indeed, there is not a word ¹on my lips, *
but you, O Lord, know it ¹altogether.
- ⁵ You press upon me behind ¹and before *
and lay your ¹hand upon me.
- ⁶ Such knowledge is too wonder-¹ful for me; *
it is so high that I cannot at-¹tain to it.
- ⁷ Where can I go then ¹from your Spirit? *
Where can I flee ¹from your presence?
- ⁸ If I climb up to heaven, ¹you are there; *
if I make the grave my bed, you ¹are there also.
- ⁹ If I take the wings ¹of the morning *
and dwell in the uttermost parts ¹of the sea,
- ¹⁰ even there your ¹hand will lead me *
and your mighty hand ¹hold me fast.

The Christian Scripture

A reading from the second letter to the Corinthians (4:5-12)

For we do not proclaim ourselves; we proclaim Jesus Christ as Lord and ourselves as your slaves for Jesus's sake. For it is the God who said, "Light will shine out of darkness," who has shone in our hearts to give the light of the knowledge of the glory of

God in the face of Christ. But we have this treasure in clay jars, so that it may be made clear that this extraordinary power belongs to God and does not come from us. We are afflicted in every way but not crushed, perplexed but not driven to despair, persecuted but not forsaken, struck down but not destroyed, always carrying around in the body the death of Jesus, so that the life of Jesus may also be made visible in our bodies. For we who are living are always being handed over to death for Jesus's sake, so that the life of Jesus may also be made visible in our mortal flesh. So death is at work in us but life in you.

The word of the Lord. **Thanks be to God.**

Please rise in body or in spirit as we prepare to hear the Gospel

Acclamation: Spirit of the Living God

Spirit of the Living God, fall afresh on me,

Spirit of the Living God, fall afresh on me.

Melt me, mold me, fill me, use me.

Spirit of the Living God, fall afresh on me.

Daniel Iverson / © 1935, 1963 Birdwing Music (ASCAP) / One Licence

The Gospel (2:23-3:5)

Let us proclaim the Gospel from the rooftops! **With our words and with our lives!** A reading from the Gospel of Mark:

One Sabbath he was going through the grain fields, and as they made their way his disciples began to pluck heads of grain. The Pharisees said to him, "Look, why are they doing what is not lawful on the Sabbath?" And he said to them, "Have you never read what David did when he and his companions were hungry and in need of food, how he entered the house of God when Abiathar was high priest and ate the bread of the Presence, which it is not lawful for any but the priests to eat, and he gave some to his companions?" Then he said to them, "The Sabbath was made for humankind and

not humankind for the Sabbath, so the Son of Man is lord even of the Sabbath." Again he entered the synagogue, and a man was there who had a withered hand. They were watching him to see whether he would cure him on the Sabbath, so that they might accuse him. And he said to the man who had the withered hand, "Come forward." Then he said to them, "Is it lawful to do good or to do harm on the Sabbath, to save life or to kill?" But they were silent. He looked around at them with anger; he was grieved at their hardness of heart and said to the man, "Stretch out your hand." He stretched it out, and his hand was restored.

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Daniel Iverson / © 1935, 1963 Birdwing Music (ASCAP) / One Licence

Sermon

Matt Humphrey

Bell + short silence

You are invited to rise in body or in spirit as we affirm the story of our faith

The Apostles Creed

We believe in God Almighty, Maker of all heav'n and earth;
And in Jesus Christ, our Saviour: God's own Son of matchless worth;
By the Spirit was conceived of the virgin Mary born,
God in whom we have believed: God Almighty Three-in-One.

Suffered under Pontius Pilate, on the cross, he bled and died;
Placed within the grave so silent, where for three days he did lie;
Then the stone-sealed tomb was empty; we believe he did arise;
Triumphed o'er the grave forever, over death he is the Christ.

Into heaven he ascended - seated at God's own right hand
'Til he comes again in glory, gracious judge o'er every land;
We confess the Holy Spirit who was sent through Christ the Son
Who is Lord and giver of life - God, the Spirit, Three-in-One.

We believe the Church of Jesus, catholic, it ere remains;
We are one through all the ages, the communion of the saints.
We believe sins are forgiven, that our bodies shall be raised
Everlasting life the promise - may God's holy name be praised.

Decker / Cardiphonia Music, 2006. / CCLI

Our Prayers

The Confession

Trusting in God's Forgiveness, let us in silence confess our failings and acknowledge our part in the pain of the world. *bell. silence. bell.*

Before God, with the people of God, we confess to our brokenness: to the ways we wound our lives, the lives of others and the life of the world.

The Assurance/Absolution

Siblings in Christ - know that God forgives you, Christ renews you, and the Spirit enables you to grow in love! **Amen.**

The Peace

...The peace of Christ be with you. **And also with you.**

All are invited to offer a gesture or sign of God's peace to those around them.

During the 'offertory' song, the communion table is set.

Contributions to our common life can be made at the back of the space (now or later).

As we prepare for this holy feast we are reminded that all are welcome to receive wherever they find themselves in their spiritual journey. All are welcome to Jesus' table - as you feel ready.

Offertory Song: Come and Find

Come and find the quiet centre
in the crowded life we lead,
Find the room for hope to enter,
find the frame where we are freed:

Clear the chaos and the clutter,
clear our eyes, that we can see
All the things that really matter,
be at peace, and simply be.

Silence is a friend who claims us,
 cools the heat and slows the pace,
 God it is who speaks and names us,
 knows our being, touches base,
 Making space within our thinking,
 lifting shades to show the sun,
 Raising courage when we're shrinking,
 finding scope for faith begun.

In the Spirit let us travel,
 open to each other's pain,
 Let our loves and fears unravel,
 celebrate the space we gain:
 There's a place for deepest dreaming,
 there's a time for heart to care,
 In the Spirit's lively scheming
 there is always room to spare.

Shirley Erena Murray/ VU / OneLicense

We Celebrate

The Prayer Over the Gifts

Eternal God, receive all we offer you this day. Give us the wisdom of obedience and help us to do your holy and life-giving will; through Jesus Christ our Lord. **Amen.**

The Great Thanksgiving St. Lydia's Table

The Lord be with you. **And also with you.**
 Lift up your hearts. **We lift them to the Lord.**
 Let us give thanks to the Lord our God. **It is right to give our thanks and praise.**
 Holy God, How wonderful is the work of your hands! All of creation echoes the music of your praise. When sin had scarred the world, you made a covenant to renew the whole of creation. You embraced a people as your own and filled them with longing for a peace that would last and a justice that would never fail. **Glory to you forever and ever.**

Through countless generations your people hungered for the bread of freedom. From them you raised up Jesus, the living bread, in whom ancient hungers are filled. You have given your Holy Spirit as a mighty stream to refresh and renew the face of the earth. Therefore with the company of heaven and all of your creation we sing:

♩ = 100 Em C G D G Am Dsus⁴

O- Holy - Holy Holy Lord - O God of power and Might. All

C Am⁷ G D G C Em

Heaven and earth of-your glory are full Ho - sanna in the high - est. O

Bm Em D G G Dsus⁴

Blessed is the one who comes in the name-of-the Lord! Ho-

C Am G D G C Em

-sanna in the high - est. Ho - sanna in the high - est.

While Jesus was eating with his disciples, he took a loaf of bread, and after blessing it, broke it, gave it to them, and said, "Take, this is my body. Do this in remembrance of me." **Glory to you forever and ever.**

As supper was ending, Jesus took the wine and after blessing it, poured it, gave it to them and said, take, this is my blood, do this in remembrance of me.

Glory to you forever and ever.

Holy God we give you thanks for the mystery of faith given to us in Jesus your Child:

♩ = 100 Em C G D G Am Dsus⁴

Sing Christ has died and Christ is ri - sen, Christ will come a - gain! Sing

C Am⁷ G D G C Em

Christ has died and Christ is ri - sen, Christ will come a - gain!

Send your Holy Spirit upon us and upon these gifts of bread and wine that they may be to us the Body and Blood of your Christ. Grant that with burning hearts, we may be a people of peace, justice, and love. As grain was scattered across this land then gathered and made one in this bread, so may your church, scattered to the ends of the earth, be gathered and made one in your love.

♩ = 100 Em C G D G Am Dsus⁴

A - men, a - men, O Ho - ly One! Ho - san-na and A - men! A -

C Am⁷ G D G C Em

men, a - men, O Ho - ly One, Ho - san - na and A - men!

The Prayer of Jesus

As beloved children of a loving parent, we pray as Jesus taught:

Our *Father (*or Parent, or Source, or Mother) who art in heaven, hallowed be thy name, thy kingdom come,

Thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

Forgive us our trespasses as we forgive those who trespass against us.

And lead us not into temptation but deliver us from evil.

For thine is the kingdom, the power and the glory

Forever and ever. Amen.

Silence.

These are the gifts of God for the people of God given for the life of the world.

Thanks be to God!

All are welcome to receive at Jesus' table! The bread is gluten-free but may contain almond flour, egg and dairy. Please ask the server if you would like a non-dairy / almond option (rice cracker). The juice is in the small cups. Wine is in the larger common cup. Please refrain from dipping the bread.

Song: (pre-recorded) Agnus Dei by Koine Tune: Tracy Fedke, b. 1975, arr. Koiné c Koine.

Communion Song: I heard the voice of Jesus say

I heard the voice of Jesus say, "Come unto Me and rest;
lay down, thou weary one, lay down thy head upon My breast."
I came to Jesus as I was, so weary, worn, and sad;
I found in Him a resting place, and He has made me glad.

I heard the voice of Jesus say, "Behold, I freely give
the living water, thirsty one; stoop down, and drink, and live."
I came to Jesus, and I drank of that life-giving stream;
my thirst was quenched, my soul revived, and now I live in Him.

I heard the voice of Jesus say, "I am this dark world's Light;
look unto Me, thy morn shall rise, and all thy day be bright."
I looked to Jesus, and I found in Him my Star, my Sun;
and in that Light of life I'll walk, till trav'ling days are done.

Horatius Bonar, 1846 / Public Domain.

Communion Song: Listen God is Calling

Chor: (Listen!) Listen, God is calling,
through the Word inviting, offering
forgiveness, comfort, and joy.

No one is forsaken,
hear the good news.
No one is forgotten,
hear the good news.

Jesus comes to save us,
hear the good news.
Jesus comes to teach us,
hear the good news.

God is still creating,
hear the good news.
God is still redeeming,
hear the good news.
Lutheran Theological College /
More Voices 97 / OneLicense

Prayer after Communion

Let us pray together: **Everlasting God, we thank you for nourishing us with this heavenly banquet: may our communion strengthen us in faith, build us up in hope, and make us grow in love; for the sake of Jesus Christ. Amen.**

We Are Sent

Blessing

Closing Song: Love Divine, all Loves excelling

Love divine, all loves excelling,
Joy of heav'n to earth come down:
fix in us thy humble dwelling,
all thy faithful mercies crown:

Jesus, thou art all compassion,
pure, unbounded love thou art;
visit us with thy salvation,
enter ev'ry trembling heart.

Come, Almighty to deliver,
let us all thy life receive;
suddenly return, and never,
nevermore thy temples leave.
Thee we would be always blessing,
serve thee as thy hosts above,
pray and praise thee without ceasing,
glory in thy perfect love.

Finish, then, thy new creation;
pure and spotless let us be:
let us see thy great salvation
perfectly restored in thee;
changed from glory into glory,
'til in heav'n we take our place,
'til we cast our crowns before thee,
lost in wonder, love, and praise.
Charles Wesley (1747). Public Domain

Dismissal:

Go forth to serve God and love the world, Alleluia!

Thanks be to God! Alleluia!

Closing Announcement Loop

We will be here next Sunday at 4pm for worship.

Note: In July and August we will worship every other week.

Prayer and Communion gatherings other than Sunday Afternoons

Mondays at 9am- Morning Prayer with Centering Prayer @ AbbeyChurch office (off the Balmoral parking lot, metal stairs up) - in-person only.

Tuesdays at 8:15am - morning prayer - Lynn and Phil's and online on Zoom

Tuesday Eucharist at 11am at and with Our Place at Pandora site. Folks can meet in parking lot at 10:45 to walk over together.

Thursdays at 8:15am - morning prayer - AbbeyChurch office (see above) and online on zoom

Fridays at 8:15am - morning prayer - *on-line zoom only*

Sundays at 10am - Spanish Anglican Eucharist at Quadra/Balmoral Chapel. Nuestra Señora de Guadalupe - Misas Todos Los domingos a las 10: 00 de la Mañana con Fr. Dimas Canjura

Our weekday common prayer is liturgical in nature and based on ancient monastic practices.

It's open to all who wish to join in-person or online.