

Epiphany + 6

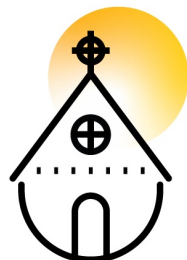
February 16, 2025 + 4pm



• THE BEATITUDES •



Image: *The Beatitudes*, by Kelly Latimore. <https://kellylatimoreicons.com/en-ca>



THE
ABBAY
CHURCH



**BLACK
LIVES
MATTER**



**CEASE
FIRE
NOW**

Welcome to the AbbeyChurch

*No matter who you are or what you are carrying today,
know you are beloved and so very welcome here.*

At the AbbeyChurch, we tell stories of faith, encourage hope, share meals, care for each other and for God's creation, and strive to practice the teachings of Jesus.

We're at different places in our faith journey but we share a guiding sacred story as found in scripture (The Bible) and summarised in our Christian creeds.

We share a willingness to honestly wrestle with God—with our questions and doubts, our disillusionment with our institutions and our concern for our world.

We invite diversity in our community and our leadership; old, young, rich, poor, conservative, liberal, radical, single, married, LGBTQ2IA+, straight, evangelical, progressive, overeducated, undereducated, overhoused, underhoused, certain, doubting, hurting, thriving (to name a few).

As a witness to unity in diversity, the AbbeyChurch is an affirming (full inclusion and leadership of 2SLGBTQ2IA+ folk) shared ministry of The United Church of Canada and The Anglican Church of Canada.

We draw on those spiritual traditions, as well as others across the Christian spectrum. We're also connected to Emmaus, an intentional community that is inspired by monasticism and whose members make commitments to prayer, presence and simplicity.

We believe that Christ's love and grace binds our differences together and renews our hope as we gather each week at Jesus' table of radical welcome.

The AbbeyChurch acknowledges that we worship and pray on the stolen territory of the Lək^wəŋən peoples', the Songhees and Xwsepsum (Esquimalt) Nations. We strive to journey toward reparation, right relationship and reconciliation with justice. We confess the complicity of our religious traditions and institutions in the loss of life, lands, languages, spiritualities and cultures of the First Peoples' of these lands. We are grateful for the ongoing wisdom, stewardship and tending of these lands and apprentice ourselves to this good work of caring for creation and seeking to live in right-relationship with each other.

We Gather

Tolling of the Bells / Welcome & Land Acknowledgment

Opening Words

Into the held embrace of God, our Creator and Sustainer:

Let the weary, come.

Let the persecuted and the oppressed, the hungry and the exiled, come.

Let the brokenhearted, the lonely, the guilty, come.

Blessed are we when we receive one another.

Sacred is life when it is shared together.

Thanks be to God who gathers us in.

Thanks be to God, Amen!

Enfleshed, 2019, Alt.

During this song, folks of all ages (including children and youth!) are welcome to set the table with symbols of faith and hope found on the back table.

Please rise in body or in spirit as we sing:

Opening Song: I want Jesus to walk with me

I want Jesus to walk with me;

I want Jesus to walk with me;

All along my pilgrim journey, Lord

I want Jesus to walk with me.

In my sorrows, Lord, walk with me;

In my sorrows, Lord, walk with me;

When my within is aching, Lord

I want Jesus to walk with me.

In my trials, Lord, walk with me;

In my trials, Lord, walk with me;

When the shades of life are falling,

Lord, I want Jesus to walk with me.

I want Jesus to walk with me;

I want Jesus to walk with me;

All along my pilgrim journey, Lord

I want Jesus to walk with me.

CCLI# 7165483 Writer: Public Domain/Paul Zach

The Poem - Selected by Rebecca Yeo, Poet-in-Residence

We Proclaim

The First Reading

A reading from the prophet Jeremiah. Thus says the Lord:

Cursed are those who trust in mere mortals and make mere flesh their strength, whose hearts turn away from the Lord. They shall be like a shrub in the desert and shall not see when relief comes. They shall live in the parched places of the wilderness, in an uninhabited salt land.

Blessed are those who trust in the Lord, whose trust is the Lord. They shall be like a tree planted by water, sending out its roots by the stream. It shall not fear when heat comes, and its leaves shall stay green; in the year of drought it is not anxious, and it does not cease to bear fruit.

The heart is devious above all else; it is perverse - who can understand it? I the Lord test the mind and search the heart, to give to all according to their ways, according to the fruit of their doings. (17:5-10) The word of the Lord. **Thanks be to God.**

The Psalm

Happy are those who do not follow the advice of the wicked or take the path that sinners tread or sit in the seat of scoffers, but their delight is in the law of the LORD, and on that law they meditate day and night. They are like trees planted by streams of water, which yield their fruit in its season, and their leaves do not wither. In all that they do, they prosper. (Ps 1:1-3)

Psalm/Song: I shall not be moved

(refrain) I shall not, I shall not be moved
I shall not, I shall not be moved
Just like a tree
that's planted by the water
I shall not be moved

In my Christ abiding,
I shall not be moved;
In God's love I'm hiding,
I shall not be moved,
Just like a tree
that's planted by the water
I shall not be moved. (refrain)

When our cross is heavy,
we shall not be moved
When our cross is heavy,
we shall not be moved

Just like a tree
that's planted by the water
We shall not be moved (refrain)

Standing strong together
we shall not be moved
Standing strong together
we shall not be moved
Just like a tree
that's planted by the water
We shall not be moved (refrain)

On this road to freedom
we shall not be moved
On this road to freedom
we shall not be moved
Just like a tree
that's planted by the water
We shall not be moved (refrain)

African-American Spiritual, Public Domain

*Please rise in body or in spirit as we open our hearts to hear the good news.
(and feel free to sing all the parts)*

Gospel Acclamation

Kent Gustavson / Used with permission - for permission contact <https://drkent.co/>

fiddle

A Lord, to whom shall we go? **C** Lord, to whom shall we go? **A**

A You are gracious and merciful. **C** Lord, to whom shall we go? **A**

A Slow to anger and abounding in love. **C** Lord, to whom shall we go? **A**

A Lord, to whom shall we go? **C** Let us trust in your word. **A**

The Gospel

Let us proclaim the gospel from the rooftops! **With our words and with our lives!**
A reading from the Gospel according to Luke:

Jesus came down with them and stood on a level place with a great crowd of his disciples and a great multitude of people from all Judea, Jerusalem, and the coast of Tyre and Sidon. They had come to hear him and to be healed of their diseases, and those who were troubled with unclean spirits were cured. And everyone in the crowd was trying to touch him, for power came out from him and healed all of them.

Then he looked up at his disciples and said:

Blessed are you who are poor, for yours is the kingdom of God. Blessed are you who are hungry now, for you will be filled. Blessed are you who weep now, for you will laugh. Blessed are you when people hate you and when they exclude you, revile you, and defame you on account of the Son of Man. Rejoice on that day and leap for joy, for surely your reward is great in heaven, for that is how their ancestors treated the prophets. But woe to you who are rich, for you have received your consolation. Woe to you who are full now, for you will be hungry. Woe to you who are laughing now, for you will mourn and weep. Woe to you when all speak well of you, for that is how their ancestors treated the false prophets. (6:17-26)

Let us proclaim the gospel from the rooftops. **With our words and with our lives!**

Gospel Acclamation

The image shows two staves of musical notation for the Gospel Acclamation. The first staff begins with a treble clef, a key signature of two sharps (F# and C#), and a common time signature (C). The melody consists of a series of quarter notes: A4, B4, C5, B4, A4, G4, F#4, E4, D4. Below the staff, the lyrics "Al - le - lu - ia, Al - le - lu - ia," are written with hyphens under the syllables. The second staff continues the melody with quarter notes: D4, C4, B3, A3, G3, F#3, E3, D3. The lyrics "Al - le - lu - ia, Al - le - lu - ia." are written below, with a long horizontal line under the final "ia" of the second phrase. The piece ends with a double bar line.

Sermon

Rebecca Yeo

Bell. Silence for reflection. Bell.

Please rise in body or in spirit as we affirm our faith and sing our ancient Story of trust.

Credo

I believe in God, the Maker Almighty, Creator of heaven and earth;
I believe in Jesus Christ, God's only Son, our Lord.
He was conceived by the power of the Holy Spirit and born of the Virgin Mary.

He suffered under Pontius Pilate, was crucified, died, and was buried.
He descended to the dead. On the third day he rose again.
He ascended into heav'n, and is seated at the right hand of the Maker.
He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church,
The communion of saints, the forgiveness of sins,
+The resurrection of the body, and the life everlasting. A---men.

Ryan Flanigan/ Liturgical folk, alt./ CCLI

Our Prayers

Confession

Trusting in God's forgiveness, let us in silence confess our failings and acknowledge our part in the pain of the world.

[together we say] **Before God with the people of God we confess to turning away from God in the ways we wound our lives, the lives of others, and the life of the world.**

Silence is kept.

The Assurance / Absolution

The voice of the Lord is upon the waters. God has spoken: the time of grace is now. In Jesus, the reign of God has come near. By the authority of Jesus Christ, your sins are forgiven. In the name of God +

The Peace

The peace of Christ be always with you. **And also with you.**

You are invited to share a sign of peace to those near you.

During the 'offertory' song, the communion table is set.

Offering: Contributions to our common life can be made at the back of the space (now or later) in the boxes or using debit or credit card. You can e-transfer donations to treasurer@emmauscommunity.ca (that's our preferred method) or donate to AbbeyChurch / Emmaus via CanadaHelps by using the QR Code to the right. All donations are eligible for a charitable tax receipt.



The Offertory Song: All who hunger, gladly gather

All who hunger, gather gladly
Holy manna is our bread
Come from wilderness and wand'ring
Here in truth we will be fed
You that yearn for days of fullness
All around us is our food
Taste and see the grace eternal
Taste and see that God is good

All who hunger, never strangers
Seeker, be a welcome guest
Come from restlessness and roaming
Here in joy we keep the feast

We that once were lost and scattered
In communion's love have stood
Taste and see the grace eternal
Taste and see that God is good

All who hunger, sing together
Jesus Christ is living bread
Come from loneliness and longing
Here in peace we have been fed
Blest are those who from this table
Live their days in gratitude
Taste and see the grace eternal
Taste and see that God is good

Sylvia Dunstan, 1955-93, GIA Publications

We Celebrate

As we prepare for this holy feast we are reminded that all are welcome to receive wherever they find themselves in their spiritual journey.

You are also welcome to come forward for a simple blessing if you do not wish to receive. If you don't wish to receive, place your hands across your chest to receive a prayer of blessing

Prayer Over The Gifts

Eternal God, you are the strength of the weak and the comfort of sufferers, receive all we offer you this day; turn our sickness into health and our sorrow into joy. We ask this in the name of Jesus Christ the Lord. **Amen.**

Anglican Church of Canada.

The Great Thanksgiving / The Most Holy Eucharist

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

God, your invitation to come and feast in your presence is but a taste of the love you extend to us every day. Throughout all time, from ancient days until this very day, you are always seeking us out – longing for us as a Divine Lover.. You meet us in the most ordinary of places and you make them sacred. By your grace, we come to recognize the holiness that dwells in the world around us, in our neighbours, in your creation, in our own internal depths.

Therefore we join our voices with your people on earth and all the company of the heavens, chanting our praise to you:

Holy Holy Holy Lord God of power and might!

Heaven and Earth are full of your Glory!

Hosanna in the Highest!

+Blessed is the one who comes in the name of the Lord!

Hosanna in the Highest!

Blessed are you, Loving God who calls us to your eternal table. You welcome all who thirst for justice and hunger to grow in love. You ask us to extend this same welcome to all our neighbours, but God, since our beginning, we have struggled. And so in your love for us, you took on flesh in Jesus. Through his life, you pointed to your presence on the margins. You revealed the sacredness in all life. You showed us how to live together, even among forces of destruction. Believing it could transform the world, Jesus proclaimed the Good News. He called for the captives to be set free. He spoke of the lowly being lifted up. His commitment to practicing love knew no bounds – not even the bounds of death.

On the night of his arrest, Jesus shared a meal with his companions.

He took bread, blessed it, broke it, gave it to his disciples and said:

“This is my body which is given for you. Do this in remembrance of me.”

After the meal, he took the cup, blessed it, and shared it saying:

“This cup that is poured out is the new covenant. Do this in remembrance of me.”

In remembrance of all you have done to save us, we proclaim the mystery of our faith:
Christ has died. Christ is Risen. Christ will come again (2x)

+Pour out your Holy Spirit on these gifts, O God. Make these ordinary elements into the Sacred gift of your presence with us once again, the body and blood of Christ.

May they awaken us anew to your everlasting invitation into resurrection life. Enliven us in our pursuit of a world where all needs are met, power is balanced, and the worth of every creature and all creation is celebrated. **Amen.**

The Prayer of Jesus

As beloved children of a loving parent, we pray as Jesus taught:

Our *Father (*or Parent, or Abba, or Amma, or Source, or Mother)

who art in heaven,

hallowed be thy name, thy kingdom come,

Thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

Forgive us our trespasses as we forgive those who trespass against us.

And lead us not into temptation but deliver us from evil.

For thine is the kingdom, the power and the glory

Forever and ever. Amen.

These are the gifts of God for the people of God given for the life of the world.

Thanks be to God!

*All are welcome (none compelled!) to receive at Jesus' table! The bread is gluten-free but may contain almond flour, egg and dairy. Please ask the server if you would like a non-dairy / nut option (rice cracker). The juice is in the small cups. Wine is in the larger common cup.
Please refrain from dipping the bread.*

Agnus Dei / Lamb of God (prerecorded) - Jan and Marty Reardon / Trinity music

Song: Nothing to Fear

When you pass through the waters I will be with you
And the depths of the river shall not overwhelm
When you walk through the fire you will not be burned
I am the Lord, I am the Lord

(refrain) And there is nothing to fear, nothing to fear
There is nothing to fear, nothing to fear
For I am with you always

In the depths of your sorrow I wept beside you
When you walked through the shadow I drew you near
And yesterday, today, tomorrow, always the same
I am the Lord, I am the Lord (refrain)
What can separate you from My perfect Love? (x3) Do not fear (x3)

Song: Just a Closer walk with thee

I am weak, but Thou art strong,
 Jesus, keep me from all wrong,
 I'll be satisfied as long
 As I walk, let me walk close to Thee.

Just a closer walk with Thee,
 Grant it, Jesus, is my plea,
 Daily walking close to Thee,
 Let it be, dear Lord, let it be.

Through this world of toil and
 snares, If I falter, Lord, who cares?
 Who with me my burden shares?
 None but Thee, dear Lord,
 none but Thee.

When my feeble life is o'er,
 Time for me will be no more,
 Guide me gently, safely o'er
 To Thy kingdom's shore, to Thy
 shore.

CCLI# 7165481 Writer: Public Domain/Paul Zac

Prayer after Communion

God of tender care, in this eucharist we celebrate your love for us and for all people.
 May we show your love in our lives and know its fulfilment in your presence.
 We ask this in the name of Jesus Christ the Lord. **Amen.**

We Are Sent**The Blessing****Closing Song: It is well with my soul**

When peace, like a river, attendeth my way,
 When sorrows like sea billows roll;
 Whatever my lot, thou hast taught me to say,
 "It is well, it is well with my soul."

Refrain: It is well (It is well)
 With my soul (With my soul)
 It is well, it is well, with my soul.

Though Satan should buffet, though trials should come,
 Let this blest assurance control,
 That Christ has regarded my helpless estate,
 And hath shed his own blood for my soul.

My sin, o, the bliss of this glorious thought!
 My sin, not in part but the whole
 Is nailed to the cross, and I bear it no more,
 Praise the Lord, praise the Lord, O my soul!

And, Lord, haste the day when my faith shall be sight,
 The clouds be rolled back as a scroll;
 The trump shall resound, and the Lord shall descend,
 Even so, it is well with my soul.

The Sending

Go to follow Jesus and live at peace with Creation. **Thanks be to God! Alleluia!**

Sending Song: Felix Culpa

God who watches over you
Will never slumber nor sleep.
God who watches over you
Will never slumber nor sleep. *(repeat)*

Oh, My child, lay your burden down
Lay them at My feet.
God who watches over you
Will never slumber nor sleep
music and words by Alana Levandoski, alt. / CCLI

Closing Loop

We'll be back next Sunday at 4pm for worship and POTLUCK

*QomQem volunteering is happening in the kitchen **now** - all are welcome to come help pack sandwiches for the street family.*

Weekday Prayer

Mondays at 9 am - Morning Prayer with Centering Prayer @ Emmaus/AbbeyChurch office (off the Balmoral parking lot, metal stairs up) - approx 45 mins - in-person only.

Tuesdays at 9 am - Morning Prayer @ Emmaus/AbbeyChurch office - in-person and online on Zoom - approx 25-30 mins.

Thursdays at 8:15 am - morning prayer - Emmaus/AbbeyChurch office and online on zoom.

Fridays at 8:15 am - morning prayer - *on-line zoom only*

Contact us for information on accessible entrance or zoom/liturgies link

Next week : Our Next potluck after worship.

Bring something to share or just come and receive. You are welcome just as you are!

Next Week! Feb 23 : AbbeyChurch welcomes guest speaker Carl Olsen.

WSÁNEĆ Elder ZAWIZUT Carl Olsen from Tsartlip will be a guest speaker at the Feb 23rd service and joining us after at the potluck for questions and discussion. Olsen has been holding a vigil for two years to protest a proposed highway development that threatens the salmon and the entire ecosystem of Goldstream River. Olsen will speak to us about Goldstream and about the Douglas treaties which affect all of us living in the Greater Victoria Region.

Donations to our Common Life and Ministry

We are so grateful for your presence with us! A huge thank you to everyone who supported our ministry in 2024 and made it possible to continue to thrive in the place God has called us to. If you are interested in donating to our common life, you can now send offerings by **e-transfer to treasurer@emmauscommunity.ca** or talk to Lynn, our treasurer to sign up for monthly giving (PAR)! There's also a point of sale machine at the back table for debit or credit donations. Or give through Canadahelps by clicking the QR code here: All donations are eligible for a charitable receipt for income tax purposes.



Our Partnership with QomQem : **ONGOING Call for Food Donations**

We're welcoming food donations for AbbeyChurch /Emmaus partnership with QomQem coastal connections - an indigenous harm reduction organisation. We'll be using this food to support their street outreach on Sunday evenings. Our folk are also welcomed to assist in sandwich prep after church at 5:30pm most Sundays.

Here is the list of desired items:

- large bags of soft candies to make up mixed candy bags (ie sour keys, cherry blasters etc)
- Large jars of peanut butter, Nutella or jam
 - Tins of Gatorade powder
 - Tins of hot chocolate powder (once it starts to cool)
- Sweet treats like pre wrapped Rice Krispie squares, wagon wheels, ding dongs etc
 - Fruit cups
 - Flavoured Apple sauce cups



NON PERISHABLE FOOD URGENTLY NEEDED!

Night outreach - We're at it again!
We are in need of non-perishable foods to support Street Family!

What's Needed?

Large Tins of: Peanut Butter, Jam & Nutella
Fruit Cups,
Packaged treats (wagonwheels etc)
Large bags of Soft candies
Gatorade Powder Tins
Camp gear!

WE NEED YOU!



TO ARRANGE DROP OFF, CONTACT:

admin@qomqem.com / 250-291-1204

- Soft chew granola bars (nutrigrain, etc)
- Small easy peel oranges and bananas (for Sunday drop-off)
 - Gatorade/powerade bottles
 - Sunscreen, batteries, flashlights
- Home baking on the day of - starting September 22nd (ideally 150 units)

Up to 150 people served each night, so bulk family/sized items appreciated. We now have a treasure chest at the back of the church for collection. Thanks for any help you can be in this amazing work.



the
& EMMANUS
COMMUNITY

admin@emmauscommunity.ca + www.abbeychurch.ca
778.557.4166 We would love to connect.

This leaflet is printed on carbon neutral tree-free paper. Please recycle.